

ANU FAMILY SERVICES

2024 Annual Report



Empower • Heal • Connect

LETTER

FROM THE CEO



Dear Partners in Healing,

As we reflect on this past year, I am inspired by the resilience, dedication, and compassion that defines our work at Anu Family Services. Your unwavering commitment to our mission has been the foundation of our success, allowing us to bring hope, healing, and stability to countless children, youth, and families.

Since our inception in 1992, we have expanded our services from Treatment Foster Care to include Parent Coaching, Individualized Trauma Services, Flexible Support Services, and Youth Coaching. In 2024, we further expanded our impact by introducing psychotherapy services, reinforcing our dedication to holistic healing. Each step of this journey reflects our unwavering commitment to empowering children, individuals, and families to recover from trauma and build stronger, more resilient connections.

Our work is far from over. The challenges facing our communities are complex, but with your support, we remain steadfast in our vision of a world where every child experiences safety, belonging, and well-being. Together, we will push forward as we break barriers, drive change, and create lasting impact. Thank you for being part of this journey. Your partnership fuels our progress, and we are honored to walk alongside you in this mission of transformation.

With gratitude and determination,

A handwritten signature in black ink that reads "Mechele Shipman".

Dr. Mechele Shipman
CEO, Anu Family Services

BOARD OF DIRECTORS

Anu Family Services' Board of Directors guides our mission to empower individuals, children, and families impacted by trauma. With diverse expertise, they ensure we remain a leader in trauma-informed care, providing critical resources and services to help our community heal and thrive.

Tom Thiogs
President

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Secretary

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Treasurer

Dr. Kathryn Primas

Jerry Weyandt

Tina Bourget



ANU FAMILY SERVICES

MISSION, VISION, AND VALUES STATEMENT

Empower • Heal • Connect



MISSION:

We empower individuals, children, and families to heal the effects of trauma and strengthen connections.

VISION:

We compassionately develop industry-leading, research-informed solutions to heal the effects of trauma and have a positive impact on as many lives as possible.

VALUES:

- **Commitment** to providing quality services that heal the effects of trauma and foster healthy connections
- **Excellence** demonstrated by innovative solutions, highly trained staff, and research-informed practices
- **Inclusiveness** by honoring diverse perspectives, backgrounds, and experiences
- **Professionalism** demonstrated by the relationships we build, the caring and compassion we bring, and our commitment to the mission of the organization
- **Resiliency** through healing past traumas to create hope and rewrite the future
- **Respect** for each other, those we serve and with whom we collaborate

WHAT DOES ANU MEAN?

Anu is a word that holds significant meaning for us, even though it's not an English word. Its various interpretations in different languages and cultures reflect our mission of promoting healing, growth, and resilience. Here are some examples of what Anu means:

- In Hungarian, it means *mom*
- In Hebrew, Anu means *us or we*
- In Indonesian, it means *something unknown*
- In Telugu, it means *to say or to speak*
- In Finland and Estonia, it is a popular name meaning *grace or favor*.



OUR SERVICES

Our trauma-informed service array is designed to provide high-quality, evidence-informed support and intervention to meet the unique needs of individuals and families affected by trauma. Our services include:

- Treatment Foster Care
- Community-Based Services, including:
 - » Parent Coaching
 - » Community-Based Flexible Support
 - » Youth Coaching
 - » Individualized Trauma Services
 - » Psychotherapy



OUR COLLECTIVE IMPACT IN 2024:

In 2024, Anu made a significant impact on the lives of individuals and families affected by trauma, and our impact is reflected in the numbers:

533 caregivers received Parent Coaching services, impacting over **1500** children

137 individuals supported by Individualized Trauma Services

75 foster youth impacted by our Treatment Foster Care program

69 individuals served by our Community-Based Flexible Support program

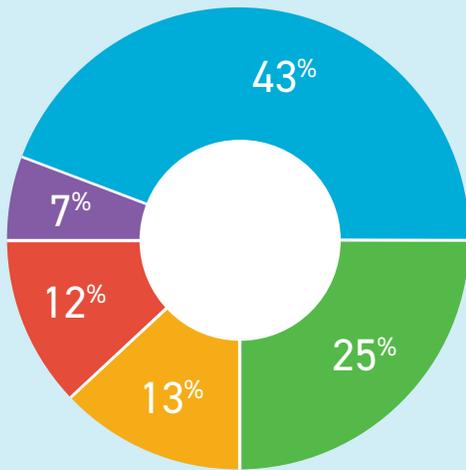
We are proud of our impact in 2024 and remain dedicated to making a meaningful difference in the lives of those we serve in the years to come.



TREATMENT FOSTER CARE

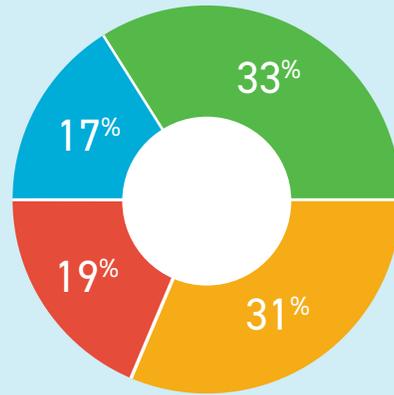
Anu Family Services offers exceptional care through our Treatment Foster Care program. Our specialized training equips foster parents to support children with complex needs, prioritizing healing and positive outcomes. We believe every child deserves to thrive, and our program helps make that possible.

MEET THE CHILDREN



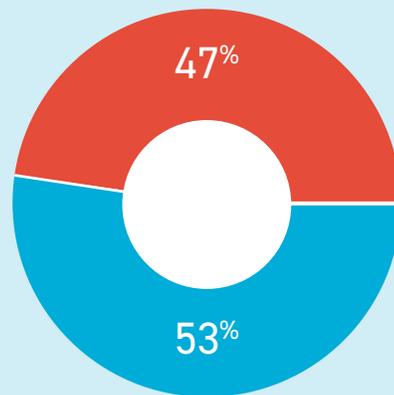
Race and Ethnicity

Native American
 Caucasian
 African American
 Multi-Racial
 Hispanic/Latino



Ages

10 to 15 years
 6 to 9 years
 0 to 5 years
 16+ years



Gender

Male
 Female

OUR IMPACT:

52% of youth discharged from our Treatment Foster Care program were adopted by Anu's foster parents or reunited with their families!

TREATMENT FOSTER CARE ADVISORY COUNCIL:

Established in 2018, the Treatment Foster Care Advisory Council plays a vital role in upholding excellence in foster care. Comprised of dedicated foster parents, the council fosters a collaborative community, ensuring continuous program improvements that enhance the quality of care for children and families. Members serve as advocates, providing essential insights and firsthand expertise to navigate the complexities of the foster care system. Their leadership and commitment help shape policies, strengthen support networks, and drive meaningful change. Advisory Council members include:

Sandy Cater | Laura Knott | Missy Makinia | Michelle Nelson | Kim Pick

FOSTER PARENTS NEEDED!

In 2024, 1,175 children were referred to Anu Family Services. Sadly, we were only able to place 68 children in Anu foster homes.



BECOME A FOSTER PARENT
 Anu family services
 1-877-287-2441
 www.anufs.org

PARENT COACHING

Our Parent Coaching program provides foster, adoptive, kinship parents and other caregivers with hands-on, practical tools to rapidly and dramatically improve their child's behavior. Through personalized coaching, parents learn to connect with their children on a deeper level, instilling hope and nurturing well-being.



"Our Parent Coach has been extremely helpful to us. Her insights and guidance have strengthened our relationship with the child in our care and have allowed us to be much, much better parents to him."

~ Parent Coaching Client

"I enjoyed working with our Parent Coach. She has great ideas and feedback for frustrating situations and has been a great support."

~ Parent Coaching Client

OUR IMPACT:

79% of parents felt more confident in managing their children's behaviors after receiving our Parent Coaching services.

93% of youth maintained a permanent placement or moved to a less restrictive environment after their parent or caregiver participated in our Parent Coaching services.



"Parent coaching was super beneficial, and I wish I had known about these services at the beginning of our fostering journey. Our Parent Coach was very patient with us. We made a lot of positive progress with our child by implementing the tools we learned."

~ Parent Coaching Client



"I just think your programs and services are wonderful and very encouraging. You offer the support that is needed. The ability to have individualized, personal support for all the areas people struggle with is desperately needed!"

~ County Social Worker

COMMUNITY-BASED FLEXIBLE SUPPORT

provides in-home and community-based education and support to help adults and youth increase their independence, life skills, and community connections. We are proud to provide personalized, trauma-informed services that empower our clients to take control of their recovery journey and achieve lasting wellness. Our Flexible Support Specialists:

- Support clients in learning daily living skills
- Identify and teach skills that promote community engagement
- Encourage healthy decision-making
- Provide education on self-care techniques
- Offer youth coaching to increase social and emotional skills

OUR IMPACT:

93% of clients who completed the program demonstrated measurable progress toward their recovery goals.



100% of clients reported increased satisfaction with their overall wellness, independence, connections, and well-being.

"I enjoyed working with my worker. She made every meeting an enjoyable experience and helped make the lessons taught much easier and enjoyable."

~ Flexible Support Client



"My worker is super nice and when I am working with her, she makes me feel like I need to give myself more credit."

~ Youth Coaching Client

YOUTH COACHING

Our Youth Coaches provide individualized support to help young people build healthy relationships and discover their potential. Through our program, youth can improve their:

- Communication skills
- Problem-solving skills
- Resiliency
- Life balance
- Health and wellness
- Character strengths

OUR IMPACT:

85% of participants agree that they have made progress toward their individual, social, emotional, and wellness goals.

95% of participants find value in their program participation.



"I love my Worker because she has helped me so much in my life!"

~ Youth Coaching Client

INDIVIDUALIZED TRAUMA SERVICES

Our Individualized Trauma Services (ITS) support children and adults who have experienced trauma and attachment disruptions. Our ITS Resiliency Specialists:

- Build trusting relationships with clients
- Provide education on trauma and attachment
- Teach coping skills and provide emotional regulation tools
- Advocate for clients' safety and empowerment while fostering self-advocacy
- Help clients understand their pain-based behaviors

Our Resiliency Specialists:

- Meet clients in various community-based settings
- Provide a supplement to therapy

We remain dedicated to providing high-quality services to support those affected by trauma and attachment disruptions. We are proud of the positive impact we have made in the lives of those we serve and are committed to continuing to make a meaningful difference in the years to come.

"I always feel safe with you".

~ITS Client



"The ITS staff are amazing providers, and they provide outstanding services! They have made a great connection with the client and the client thinks highly of them. They go beyond what's expected and advocate for the client every chance they get. They are the most reliable provider I've had the chance to work with."

~ ITS Referral Source

OUR IMPACT:

86% of respondents reported being either satisfied or extremely satisfied with the support provided by their ITS worker.

86% of respondents reported that they trust their ITS worker, underscoring the strong relationships and confidence fostered through our services.

PSYCHOTHERAPY

Our psychotherapy providers deliver advanced, evidence-based trauma treatment designed to help clients process their experiences and address pain-based behaviors. With a flexible, client-centered approach, they meet individuals where they are—geographically, physically, and emotionally—creating a safe and supportive environment. This foundation of trust empowers clients to effectively process trauma-related symptoms and regain control over their lives, making decisions driven by their own goals rather than past trauma.

"The therapist has been a great resource! I truly enjoyed working with them and they have been extremely helpful, and the best help I have had so far!"

~ County Social Worker



THANK YOU TO OUR 2024 DONORS!

Your generosity fuels transformative change. With your support, Anu Family Services continues to invest in innovative programs and vital resources that empower children and families to thrive. Your contributions directly strengthen our ability to expand our reach, enhance our impact, and drive lasting change in the communities we serve. Together, we are building brighter futures!

2024 DONORS:

American Association of University Women (*Chippewa Falls Chapter*)
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IN-KIND DONATIONS:

McCabe Chiropractic
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Woods & Water Realty

IN HONOR & IN MEMORY OF:

Karen & Stanley Pitt

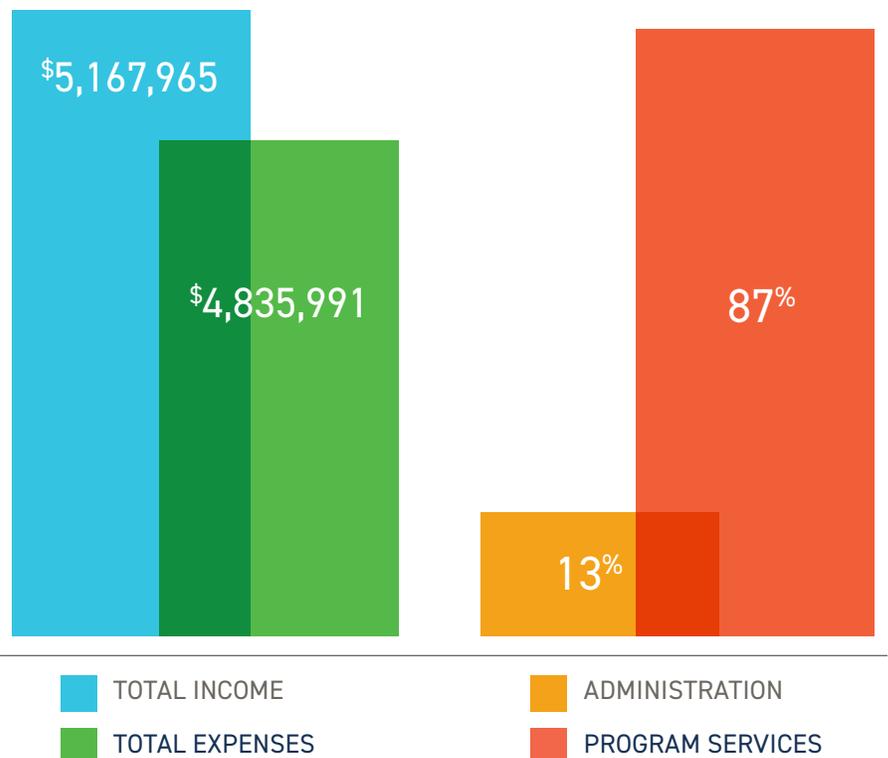
FACEBOOK BIRTHDAY FUNDRAISERS

Tina Feigal
Jennifer Lieske

FINANCIAL STABILITY

Donations from generous supporters like you provide the financial foundation that allows us to invest in children and families. Your support ensures Anu Family Services remains financially strong, enabling us to innovate, expand our impact, and create lasting change for years to come.

Detailed financial information about Anu Family Services is available through GuideStar at www.guidestar.org.





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Hudson, WI 54016
www.anufs.org

To make a referral, call: 877.287.2441

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