



Anu Family Services

2020 Annual Report

**Connecting, Supporting,
and Healing Families**





A message from Dr. Mechele Shipman, CEO

We are proud to present our 2020 Annual Report. In the past year, Anu continued to build on its strong history of being an industry leader achieving safety, permanency, and well-being for children, youth, and families. Anu Family Services continues to grow to meet the needs of more children and families. Anu's services go beyond foster care services and include community-based services that are designed to return kids safely to their home, decrease the amount of time in out-of-home care, and increase the likelihood that kids will remain in their home.

Thank you for your continued support and for standing by us year after year as we relentlessly pursue our mission. Your commitment to our mission and your investment allow us to use the best of what we know to help children and families heal and live their best lives.

Mechele Shipman



Our Core Focus

At Anu Family Services we are committed to providing client-driven, family-centered services designed to achieve safety, permanency, and well-being for children, youth, and families. We aspire to serve our clients in their home and in their community whenever safely possible.

Anu Family Services Board of Directors

Michael Edman, *President*
Tom Thiels, *Vice-President*
Linda Swenson, *Secretary*
Gino Mangione, *Treasurer*
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Beth McMullen
Dr. Kathryn Primus
Jerry Weyandt

Foster Parent Advisory Council

The Anu Family Services Foster Parent Advisory Council was created in 2018 and is led by Dave Newman, Director of Treatment Foster Care. The advisory council meets monthly and covers topics relevant to foster care policy and practice. The Council focuses on providing high-quality treatment foster care services. Advisory Council members also act as parent advocates and are available to support other foster parents.

Greg Topp | Bobbi Jo Vojtasek | Missy Makinia | Halle Daul | Kayden Keyser



Mission

We create permanent connections.

What does Anu mean?

Anu is not an English word; however, it has many meanings in other languages and cultures that reflect our mission.

Here are a few examples:

In Hungarian, it means *mom*

In Hebrew, Anu means *us* or *we*

In Indonesian, it means something *unknown*

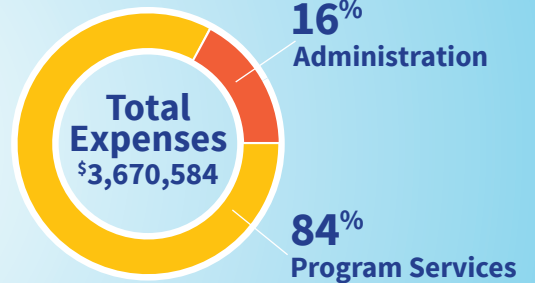
In Telugu, it means *to say* or *to speak*

In Finland and Estonia, it is a popular name meaning *grace* or *favor*

Financial Stability

Donations from people like you provide financial stability that allows us to invest in children and families. Anu Family Services is in a strong financial position to continue innovating in 2021 and beyond.

Through GuideStar, we are happy to provide detailed financial information about Anu Family Services. Access our report at [Guidestar.org](https://www.guidestar.org).



Our Collective Impact

Children/Families Impacted by Anu's services

649 Served by Parent Coaching

98 Foster Youth

40 Treatment Foster Homes

76 Served by Intensive Permanence and Trauma Services

32 Served by Flexible Support

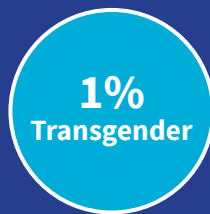
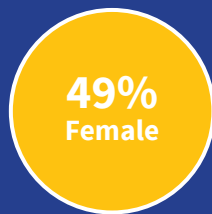
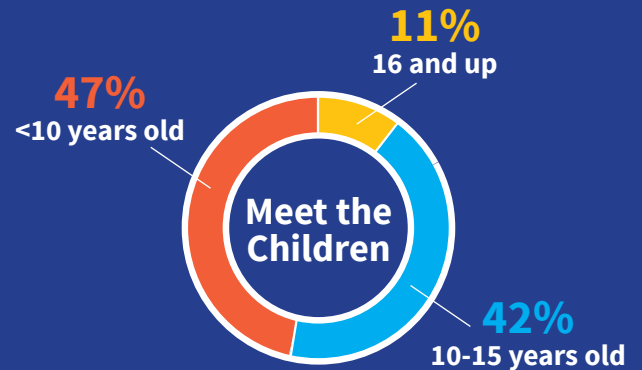
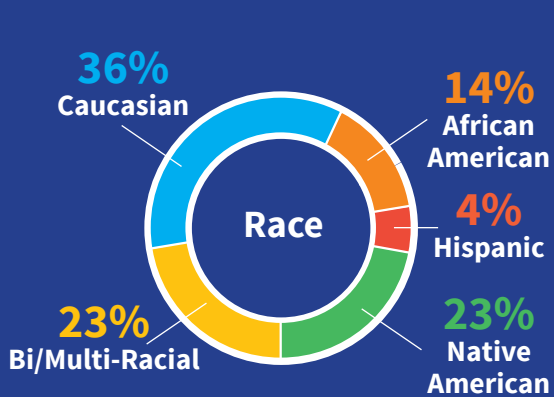


Anu's Trauma-Informed Service array includes:

- *Treatment Foster Care*
- *Parent Coaching*
- *Intensive Permanence & Trauma Services*
- *Flexible Support Services/Youth Coaching*

Anu's Service Array: Treatment Foster Care

Anu is known for connecting kids to treatment foster parents trained in trauma. This specialized training is supportive of children with significant emotional behavioral, social, or medical needs.



59% of youth discharged from foster care were adopted or reunited with their family



Anu's foster parents foster because...

- they can help children heal from trauma
- every child deserves a chance
- we enjoy teaching children life skills
- there are so many children that need the support of a caring adult
- we can always be a resource and a support

“Without IPS, I am really not sure, but other kids like me wouldn’t have had the chance to grow in confidence and calmness about themselves as a person.”

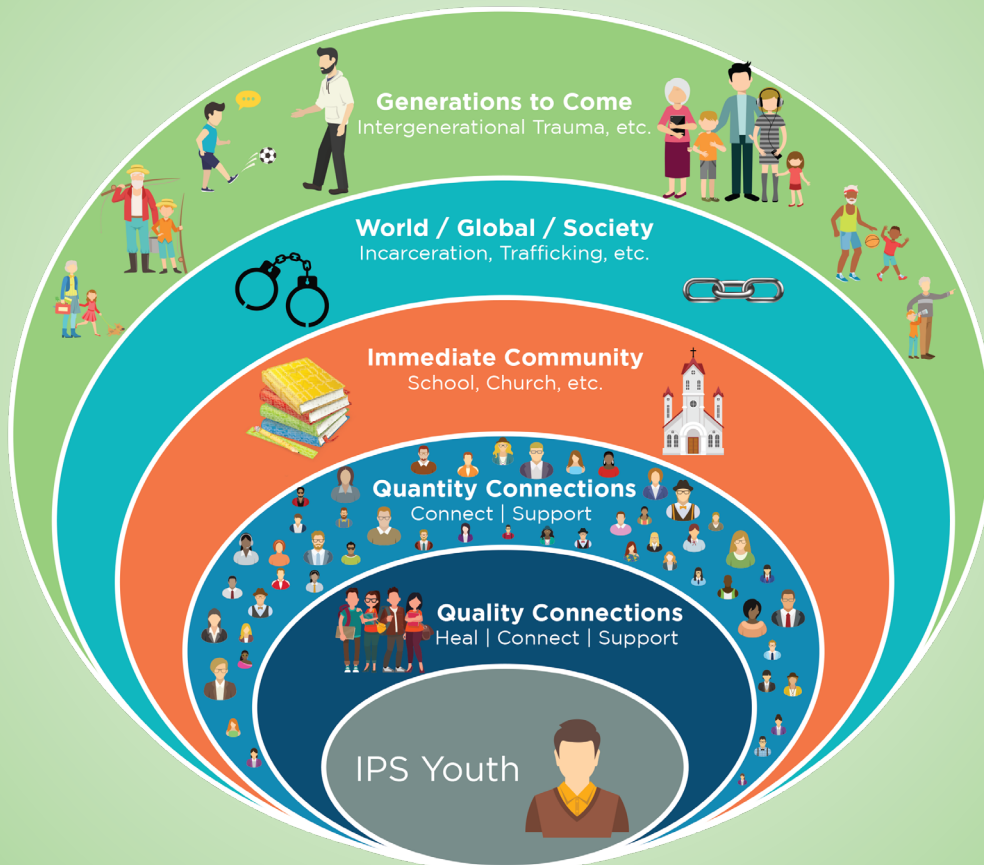
Transforming Generations One Life at a Time

Intensive Permanence and Trauma Services

Our Intensive Permanence and Trauma Services help youth address their grief and loss so they can heal and restore their ability to engage in healthy relationships.



Intensive Permanence Services





Flexible Support staff provides excellent customer service!

Customers report:

- Great communication!
- Knowledgeable staff!
- Staff works well with youth!
- Great program!
- Excellent follow-through!



Flexible Support Services promotes independence and well-being

Provides in-home education and support for adult and/or children to assist them with increasing INDEPENDENCE, practicing skills that keep them HEALTHY and promote positive WELL-BEING, and connects them to their COMMUNITY.

Flexible Support Specialists may do the following:

- Support consumers in learning skills for daily living
- Identify and teach consumers skills that support them in being a part of their community
- Support consumers in making healthy decisions and choices
- Provide support, education, and self-care techniques with consumers
- Provide youth coaching to increase the social and emotional skills of the youth

69% of clients achieved or gained improvement in their individual skill development program goals





Caregivers Empowered



*“I am not just surviving anymore.
I am learning to live!”*

– Roni, Parent Coaching Client
after 2 months of coaching

Parent Coaching

Parent Coaching connects the parent to the child, instills hope, and nurtures well-being.

100% of children’s behaviors and relationships improved after their caregivers participated in parent coaching

67% of children remained in their caregiver’s home at the time of discharge

Thank you to our 2020 Funders!

Donors to Anu Family Services support lifelong connections and well-being.

2020 Funders:

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Karen Pitt


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